


# Information for Patients Requiring a CT Scan

With appointment / After hours

**CT**

CT scans are by appointment. Patients with appointments are examined first.

Items to Confirm	When You Make an Appointment	On the Day of the CT Scan Appointment ( : , / / ) time yyyy/ mm/ dd	Other Cautions
<b>Medical Interview and Time of Visit</b>	Please fill in the consent form and the medical interview sheet with your doctor. If any of the items below apply, please inform your doctor.	<ul style="list-style-type: none"> <li>◆ Please come to the CT scan room <b>10 minutes before</b> the time of your appointment.</li> <li>◆ If you need a blood test, please come to the hospital <b>1 hour before</b> your appointment.</li> </ul> <p>Note: If you are late for the appointment, you may need to wait for a long time.</p>	<ul style="list-style-type: none"> <li>◆ If the patient has no appointment or there is no advance notice from a doctor or nurse, <b>a significant delay in the test time may occur.</b></li> </ul>
<b>Implanted Medical Devices or Metal</b>	<ul style="list-style-type: none"> <li>◆ <b>Pacemaker</b> Note: We may check if the pacemaker is CT-compatible.</li> <li>◆ <b>Libre (blood glucose meter)</b></li> </ul>	<ul style="list-style-type: none"> <li>◆ <b>Pacemaker:</b> Please bring your medical device identification card or notebook.</li> <li>◆ <b>Libre (blood glucose meter):</b> Your blood glucose level will be measured before and after the scan.</li> </ul> 	<ul style="list-style-type: none"> <li>◆ <b>A CT scan with contrast can only be performed after confirming kidney function. You may need to wait for the blood test results.</b></li> </ul>
<b>Dietary Restrictions</b>	/	If you are having a contrast scan or upper abdominal scan (liver, pancreas, gallbladder, etc.), refrain from eating up to <b>4 hours before the scan</b> . You can drink <b>tea, water, or other beverages that do not contain sugar or milk.</b>	<ul style="list-style-type: none"> <li>◆ The actual scanning time may be longer than originally stated.</li> </ul>
<b>CT Scan with Contrast</b>	<ul style="list-style-type: none"> <li>◆ <b>If you have allergies, kidney dysfunction, or bronchial asthma (including past illnesses),</b> please inform your doctor.</li> <li>◆ <b>If you are taking medication for diabetes,</b> you may be asked to temporarily stop taking it (depending on the drug).</li> <li>◆ If stopping medication is required:            →Name of drug ( )            →Period (from / / to / / )  <small>mm / dd mm / dd</small></li> </ul>	<ul style="list-style-type: none"> <li>◆ If a <b>blood test and urine test is required,</b> please finish the test(s) before coming to the CT scan room. <b>Patients with decreased renal function may be asked to wait until the blood test results are available.</b></li> </ul> <p>Note: Please come to the hospital with plenty of time to spare.</p> <ul style="list-style-type: none"> <li>◆ Please refrain from eating up to <b>4 hours before the scan.</b></li> <li>◆ With the exception of medication for diabetes, any regular medication (e.g., high blood pressure drugs) can be taken as usual, but please be sure to bring your medication records.</li> </ul>	<ul style="list-style-type: none"> <li>◆ Inpatients may be called for the scan regardless of the appointment time. Please cooperate with us so that the entire procedure goes smoothly. Please come to the CT scan room promptly after being called.</li> </ul>
<b>CT Scan</b> (Performed under sedation)	Test preparation takes about 1 hour. Please make sure you know the time of your appointment.	Scanning will be performed after you are sedated. Being late for your appointment may cause the CT scan to be delayed even after you have been sedated. Please be punctual.	<ul style="list-style-type: none"> <li>◆ <b>The CT scan often requires a long waiting time. We appreciate your understanding and cooperation.</b></li> </ul>
<b>Bladder Scan</b>	/	Please refrain from emptying your bladder just before the scan. (It is preferable to have a certain amount of urine in the bladder for the scan.) 