

# Information for Patients Requiring an Ultrasound (US) Scan

US scans are by appointment. Patients with appointments are examined first.

With appointment/After hours

Items to Confirm	On the Day of the US Scan Appointment ( : , / / ) time yyyy/ mm/ dd	Other Cautions
<b>Information about the US Scan</b>	<ul style="list-style-type: none"> <li>◆ Ultrasound scans are performed on various body parts, including the entire abdomen, heart, breasts, thyroid gland, and blood vessels in the neck and legs.</li> <li>◆ A special gel is applied over the area to be examined. A device called a probe is used for scanning.</li> <li>◆ For scans of the abdomen, patients need to hold their breath.</li> <li>◆ Scans are usually performed with the patient in a lying position. They may also be done with patient lying sideways or in a sitting position.</li> </ul>	<ul style="list-style-type: none"> <li>◆ If the patient has no appointment or there is no advance notice from a doctor or nurse, <b>a significant delay in the test time may occur.</b></li> <li>◆ The actual scanning time may be longer than originally stated.</li> </ul>
<b>Time of Visit</b>	<ul style="list-style-type: none"> <li>◆ Please come to the US scan room <b>15 minutes before</b> the time of your appointment. Note: If you are late for the appointment, you may need to wait for a long time.</li> </ul>	<ul style="list-style-type: none"> <li>◆ Inpatients may be called for the scan regardless of the appointment time. Please cooperate with us so that the entire procedure goes smoothly. Please come to the US scan room promptly after being called.</li> </ul>
<b>Clothing</b>	<ul style="list-style-type: none"> <li>◆ You may be asked to undress depending on the area to be examined.</li> <li>◆ Please wear loose clothing that allows access to the area being examined or clothing that may be <b>changed out of easily if asked to undress.</b></li> </ul>	<ul style="list-style-type: none"> <li>◆ <b>The US scan often requires a long waiting time. We appreciate your understanding and cooperation.</b></li> </ul>
<b>Dietary Restrictions</b>	<ul style="list-style-type: none"> <li>◆ If you are having an abdominal scan, refrain from eating up to <b>4 hours before the scan.</b> You can drink water.</li> <li>◆ If you are taking medication, please take it with <b>tea or water. Avoid drinks containing sugar or milk.</b></li> </ul>	
<b>Lower Abdominal Scan</b>	<ul style="list-style-type: none"> <li>◆ <b>Please refrain from emptying your bladder just before the scan.</b> (It is preferable to have a certain amount of urine in the bladder for the scan.)</li> </ul>	
<b>Other Tests</b>	<ul style="list-style-type: none"> <li>◆ If you are required to have an endoscopy, barium test, or PET scan, please come to the US scan room first.</li> </ul> <p>Note: Please come to the hospital with plenty of time to spare.</p>	
<b>US Scan</b> (Performed under sedation)	<ul style="list-style-type: none"> <li>◆ In some cases, you may be sedated for the US scan. Being late for your appointment may cause the US scan to be delayed even after you have been sedated. Please Be punctual.</li> </ul>	
<b>After the Scan</b>	<ul style="list-style-type: none"> <li>◆ There are no restrictions after the scan. Please make sure to take all your belongings with you.</li> </ul>	